

# PRODUCT INFORMATION



## ABOUT MEDESTA HEALTHCARE PVT LTD - ZEST

Welcome to Zest, a division of Medesta Healthcare Pvt Ltd, a company dedicated to providing you with premium Nutraceutical products and Ayurvedic Products that enhance your health and vitality. At Medesta Healthcare Pvt Ltd, we are committed to creating innovative solutions that support your well-being and promote a balanced lifestyle.

**Our state-of-the-art manufacturing facilities are certified by prestigious organizations including:**

- WHO GMP
- USFDA Registered
- Halal Certified
- ISO Certified

At Medesta Healthcare Pvt Ltd, we believe in transparency and quality. That's why all our products undergo rigorous testing and are made with the highest quality ingredients. We are dedicated to providing you with accurate information about our products, so you can make informed decisions about your health.

Whether you're looking to boost your immunity, improve your digestion, or enhance your overall wellness, Zest is here to support you on your journey to a healthier, happier life.

Experience the difference with Zest and discover a new est for life with Medesta Healthcare Pvt Ltd.



## HEALTH ESSENTIALS

Banned  
substance  
free

Premium  
Quality

Vegan  
Friendly

HEALTH & PERFORMANCE ESSENTIALS

MEDESTA HEALTHCARE PVT. LTD.



### **Plant based VITAMIN D3**

*Helps improve bone density and promotes synergistic muscle immuno function*

**OMEGA 3-6-7-9**  
*Helps improve brain, heart and joint health*



### **VITAMIN B12**

*Helps improve healthy red blood cells and boosts energy & vitality*

**LIVER DETOX**  
*Authentic antioxidant and hepato protective supplement for liver health*



### **HEALTHY VISION**

*Powerful preventative for healthy vision and better sleep*

**IRON + FOLIC ACID**  
*Helps reduce fatigue and boosts iron levels*





### **LUNG DETOX**

*Helps alleviate oxidative stress and lung inflammation*



### **GAS RELIEF**

*Helps manage gassy stomach to aid digestion & relax gastrointestinal tract spasms*



### **CRANBERRY UTI**

*Helps reduce urinary tract infections*



### **ESSENTIAL HAIR VITAMINS**

*Formulated with biotin, keratin, onion extract to boost voluminous hair*



### **DO NOT DISTURB**

*Sleep enhancement formula with tagara root extract and malatonin*



### **JUST FOR GUT**

*Pre & pro biotic blend for healthy gut flora and improved digestion*



### **MULTIVITAMIN FOR HER**

*Premium blend of vitamins and minerals for women*

### **MULTIVITAMIN FOR HIM**

*Premium blend of vitamin and minerals for men*



### **PLANT BASED COLLAGEN**

*Helps promote cell regeneration and counteracts the effects of aging*

### **HEALTHY HEART**

*Coq10 and plant nutrients for cardiac health*





## **IMMUNITY & HORMONAL ESSENTIALS**

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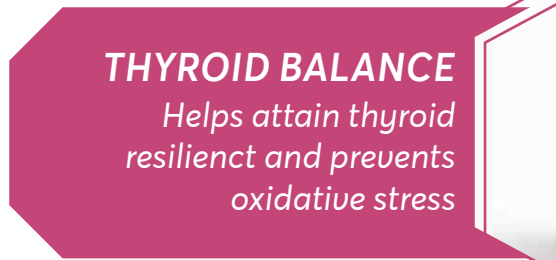
**HEALTH & PERFORMANCE ESSENTIALS**

**MEDESTA HEALTHCARE PVT. LTD.**



### **CALCIUM + VITAMIN D3**

*Helps promote bone health, muscle strenght and immune cell production*



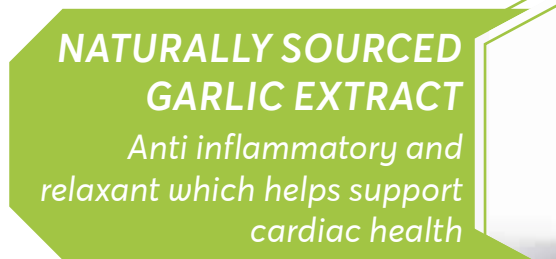
### **THYROID BALANCE**

*Helps attain thyroid resiliencet and prevents oxidative stress*



### **ZMAG - T**

*Combination of synergistic minerals to enhance muscle strength, immunity and sleep quality*



### **NATURALLY SOURCED GARLIC EXTRACT**

*Anti inflammatory and relaxant which helps support cardiac health*



### **CURCUMIN 95 COMPLEX**

*Powerful anrioxidant and anti inflammatory support*





## PERFORMANCE ESSENTIALS

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HEALTH & PERFORMANCE ESSENTIALS

MEDESTA HEALTHCARE PVT. LTD.



### **CA HMB**

*Helps support muscle gain,  
prevent muscle damage and  
improve recovery & strength*

**L-ARGININE**  
*Conditionally essential amino acid for healthy blood vessels  
and ideal blood pressure*



**L-CARNITINE + CLA**  
*Helps limit fat gain,  
improves stamina & helps  
maintain healthy body  
mass index (BMI)*

### **ULTRA TESTOSTERONE BOOSTER 10x**

*Helps improve dhea levels in  
the male system*



### **NATURAL CAFFEINE + L-THEANINE**

*Anti-stress psychoactive  
stimulant & neuroprotective  
formula*



# **INNOVATIVE COMBINATIONS**

Iron Deficiency  
Malabsorption  
CKD (Chronic Kidney  
Disease) Related  
Anaemia  
Iron Deficiency Anaemia  
Fatigue  
Convalescence

## Iron Liposomal



## Vitamin D3 60k



Osteoporosis  
Hypoparathyroidism  
Vitamin D-Resistant Rickets  
Familial Hypophatemia

Reduce cholesterol levels by  
limiting the amount of  
cholesterol that is able to enter  
the body  
Reduce swelling in the prostate  
and other tissues  
Improving symptoms of an  
enlarged prostate (BPH)

## BETA-SITOSTEROL



SkinLightening  
Brighter Complexion  
Supports Anti-Aging

## L-GLUTATHIONE



## Liposomal Calcium



Osteoporosis  
Osteomalacia (Rickets)  
Vitamin D deficiency  
Hypoparathyroidism  
Latent tetany

Restore your RBC Count  
Builds healthy blood cells  
Prevents Iron-deficiency

## Ferrous Ascorbate + Folic Acid + Zinc (IRON SUPPLEMENTS)



# Ayurvedic Products



Herbal Cough Syrup



Liver Detox & Cleansing



Digestive Enzymes

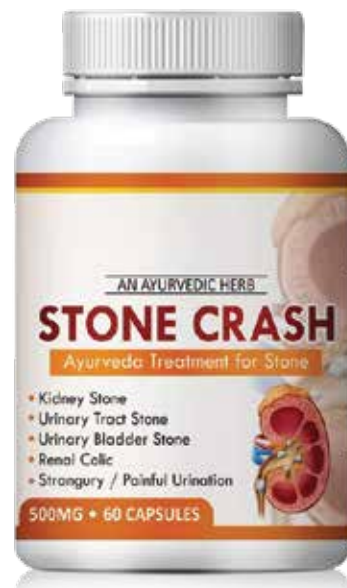


Damage Repair Hair Oil

# Ayurvedic Products



Herbal Multi-Vitamins



Kidney Stone Remedies

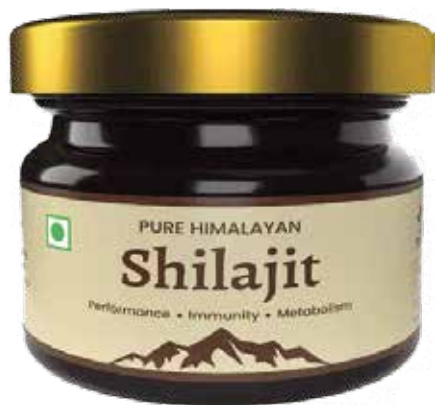


Heart Burn



Menstrual Care

# Ayurvedic Products



Energy Booster



Weight Management



Blood Purifier



Ortho Care

[Click Here](#) for more Ayurvedic products





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Healthcare

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